



## LENTEN MENU

### SALADS

- Caesar Salad topped with Grilled Shrimp or Grilled Tuna, with Oversized Croutons,  
Freshly Grated Parmesan & Asiago Cheese
- Fresh Baby Spinach topped with Dried Cranberries, Toasted Walnuts, Crumbled Bleu  
Cheese, served with a Homemade Pepper Jelly Vinaigrette
- Nicoise Salad~
- Seared Sea Scallops with Mixed Greens, Roasted Peppers, & Artichokes topped with a  
Red Chili Pepper Jelly Vinaigrette
- Nicoise Salad ~ Grilled Ahi Tuna, Green Beans, Sliced Red Onion, Red Bliss Potatoes,  
Capers, Cherry Tomatoes, Calamata Olives, & Chopped Eggs served over Mixed  
Greens with at Thyme Vinaigrette

### ENTREES

- Gulf Shrimp tossed with Pasta Agli Y Olio  
Parmesan En-Crusted Tilapia
- Stuffed Redfish with Crabmeat & topped with a Light Lemon Cream
- Fresh Salmon en Papillote
- Crawfish or Shrimp Enchiladas
- Crawfish or Shrimp Etoufee with Parslied Rice
- Shrimp Creole with Parslied Rice
- Stuffed Jumbo Shrimp with Crabmeat & Crawfish
- Seafood Pie with Shrimp & Crawfish
- Mini Shrimp & Crab Quiche
- Southwest Shrimp Pasta
- Shrimp & Eggplant Lasagna
- Herbed Eggplant, Portobello Mushroom, Artichoke, and Asparagus Pasta with  
Roasted Tomato Wine Sauce
- Southern Fried Catfish with Homemade Tartar Sauce